

*Lower Cape May
Regional*



Athletic Hall of Fame



February 28, 2009





**Lower Cape May Regional
Hall of Fame
2009 Inductees**



*The Lower Cape May Regional Hall of Fame Committee
Congratulates and Welcomes
These 2009 Hall of Fame Inductees*

Athletes

Heidi Von Colln-Hunter '92 Betsy Craig-Sole '85
Shawn Laughlin '97 Jacqueline Riddle '00
Brendan Rosenberg '75

Coaches

William Porter John Weeks
Charles Wise Sr. William Garrison
John Donaldson



LCMR Board of Education

2008-09

Richard J. Hooyman, President
Gary Playford, Vice-President
Greg Burow
William D. Nelson
Vicki Clark
William Towns
Thomas Connelly, Jr.
Helen Wallace
Gary Douglass



Special thanks to Nancy Sayre, Ryan Gott, and
Mrs. Parker's Publication Class
for providing this program.

The Program

Master of Ceremonies..... Mr. Mark Schiffbauer
Athletic Director, LCMR
Hall of Fame Executive Committee

Greetings Mr. Jack Pfizenmayer, Superintendent
Hall of Fame Committee

Invocation.....Mr. Joseph Castellucci, Principal
Hall of Fame Executive Committee

Dinner

Presentation of Inductees.....Mr. James Ridgway
Mr. Gregory Douglass
Hall of Fame Committee



Lower Cape May Regional High School Hall of Fame

Executive Committee

Chairperson	Joseph Castellucci
Vice-Chairperson	Mark Schiffbauer
Secretary	Bertram Kern

Committee Members

Jeff Wunder	Gary Playford
Greg Douglass	Bill Damiana
Jim Ridgway	Alex Mathews
LeeAnn Catti	Tod Shoffler
Pat Holden	Shirley Wilson
Ed Sherretta	Bob Matthews

Jack Pfizenmayer

The LCMR Hall of Fame Committee Congratulates and welcomes these 2009 Hall of Fame Inductees:

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William Garrison	Betsy Craig Sole
William Porter	Jacqueline Riddle
Charles Wise, Sr.	Heidi Von Colln Hunter
Jack Weeks	Shawn Laughlin

WILLIAM GARRISON



Bill Garrison was a fixture in the halls of LCMR High School from 1960 to 2005, except for the 4 years he attended the University of Akron. You could say William Garrison is “Mr. LCMR”. He returned to LCMR in 1970, remaining until his retirement in 2005.

During his 41 years at LCMR he wore many different hats (Student, Class President, Team Captain, Teacher, Athletic Director, Disciplinarian, Assistant Track Coach, Assistant Tennis Coach, Head Football Coach, and Head Wrestling Coach). As Head Wrestling Coach (1970-1982) his record was 137-36-6. His teams won 6 CAL Championships (76, 77, 78, 80, 81, 82), 2 District Championships (1972, 1982) and a South Jersey Group III Championship (1982). He coached 28 District Champions and 2 Regional Champions, and in 1982 he was Region 8 Coach of the Year.

As the Head Football Coach (1976-1988) his record was 50-50-7. His teams won two Cal Championships (1980 and 1982). The 1980 team was undefeated. He was inducted into the New Jersey Interscholastic Coaches Association Hall of Fame in 1986, and the South Jersey Coaches Hall of Fame in 1996.

He now resides in Cape May Beach, NJ with his wife Barbara. He has four children, Megan, Jessica, John and Jeremy, and 3 grandchildren, Jackson, Nicolas, and Lola.

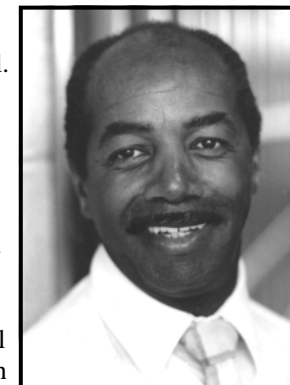


CHARLES WISE



Charles distinguished himself on the athletic field in four sports, Track and Field, Basketball, Football and Baseball. During his high school career he earned 13 varsity letters. Returning to Lower Cape May Regional High School after college, he helped shape the school's athletic programs. He was the first African-American to coach at Lower Cape May Regional having coached for over 20 years in the sports of basketball and football. He was subsequently inducted into the South Jersey Coaches Hall of Fame in 1995. He was also the Equipment Manager for over 20 years, and he performed all training duties at Lower Cape May Regional High School until 1983. He was a voluntary basketball and track official in South Jersey. He coached the midget football Cape May Rockets in the 60's and 70's. He was the recreation director in charge of tennis and basketball at the William J. Moore Center in Cape May City. He coached Little League Baseball in the local community and distinguished himself as a member of the Lower Cape May Regional Board of Education from 1990-1994.

Charles passed away on April 30, 1994 at the age of 63. He is survived by his wife, Tisha Wise-Heacock and his eight children, Bill, Patricia (deceased), Charles Jr, Shirley, Wanda, Donna (deceased), Charles Edward, and Brad.



JACK WEEKS



Jack began his coaching career teaching football fundamentals to 7th and 8th graders in 1963. He served as a high school assistant coach for Football from 1966 to 1973 and from 1980 to 1984. He was also the baseball assistant in 1969.

Jack's true talent for coaching blossomed when he became the Head Baseball Coach in 1971. Between 1971 and 2000, Jack's baseball coaching career record of 400-279-5 put him in an elite group of successful South Jersey Baseball Coaches. Under Coach Weeks the LCMR Baseball Team won 3 CAL Championships (1973, 78, 87). Jack also coached the South Jersey team in the Carpenters Cup Classic for 3 years, assisted in coaching the High School All Star Baseball Game held at Princeton University, and Garden State Baseball Games at Mercer County Park.

His accomplishments also include Atlantic City Press Coach of the Year (1978, 79, 81 & 82), Who's Who in American High School Baseball Coaches (1979), South Jersey Coaches Hall of Fame, South Jersey Baseball Coaches Hall of Fame, New Jersey Interscholastic Coaches Hall of Fame, and New Jersey Scholastic Baseball Coaches Hall of Fame.

Jack's true love and dedication was for the athletes and the game of baseball. Many of Jack's baseball players had successful careers in the collegiate and professional levels.

Coach Weeks now resides in Cold Spring, NJ with his wife Sandi, and has two daughters, Kelli and Sydney. He spends most of his retired time keeping track of his grand children, Jackson and Madison.



JACQUELINE RIDDLE



Jacque '00 earned 7 varsity letters, 4 in Tennis and 3 in Track while at LCMR High School. She was the #1 singles player for four years, a 4 time CAL Singles Champion, a 4 time 1st Team Cal All-Star, a 4 time 1st Team South Jersey Group III All-Star, and was named the Atlantic City Press "Athlete of the Year" in 2000. During those four years she amassed a school record of 112 career wins.

Jacque attended Division I Wagner College on a full Athletic Scholarship for Tennis. During her Freshman year she played #1 singles, finished the season undefeated and was named to the Northeast Conference (NEC) 1st Team (Singles). In 2001 she transferred to Alcorn State University and was named to the Southwest Athletic Conference (SWAC) 1st team her Sophomore, Junior, and Senior years.

Jacque attended Graduate School at the University of Wisconsin and has a Masters of Science degree in Exercise Science and Adapted Physical Education. She is newly wed and currently living in Lacrosse, Wisconsin where she works as a Fitness Trainer, Personal Trainer, and Tennis Coach.



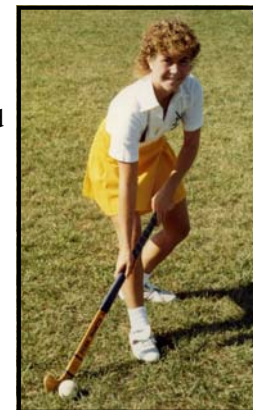
BETSY CRAIG



Betsy Craig Sole '85 starred in Field Hockey, Basketball and Softball for LCMRHS. She earned 12 varsity letters and was named to the CAL 1st Team, and to the All South Jersey All Group 1st team in both Hockey and Softball for her junior and senior seasons. She was also the first Field Hockey player from LCMR to play in the North/South Game.

Betsy earned a Field Hockey scholarship to Michigan State University where she was a four year starter, team captain and All Big Ten 2nd team her Senior year. Also in 1989 she was named the All South Jersey Collegiate Player of the Year.

Following her playing career Betsy went on to coach and officiate until 2004. She now lives in Cold Spring, NJ with her husband Gene (Principal of the R. M. Teitelman School) and children, Tyler and Jackson. She now focuses much of her time to the family businesses.



HEIDI VONCOLLN HUNTER



Heidi Von Colln '92 earned a total of 11 varsity letters in three sports (3 in Field Hockey, and 4 each in Basketball and Softball) during her career at LCMR. She was named to the CAL 1st Team and All South Jersey Group 3 1st Team her junior and senior Field Hockey seasons. During her junior and senior Basketball seasons she was named to the CAL 1st Team, All South Jersey Group 3, and 2nd team All Groups South Jersey. She finished her Basketball career as the girls all time leading scorer with 1,332 points. In Softball she was a 3 time CAL 1st Team Selection, a 3 time All Atlantic City Press 1st team selection, and the Press of Atlantic City's Offensive Player of the Year her senior year.

Heidi went on to play basketball at Frostburg State University. Before a career ending knee injury her sophomore year she was an eight time FSU athlete of the week, a six time ECAC player of the week, and finished with 657 career points. She received a bachelor's degree from Frostburg (Health & Physical Education) and a Master's degree from Mary Grove College. Heidi teaches Health & Physical Education at Middle Township H.S. and resides in Cape May Court House with her husband and daughter.



SHAWN LAUGHLIN



Shawn Laughlin '97 was a standout wrestler/football player from 1993-1997. During his sophomore year Shawn wrestled at the 215 lb weight class and placed 1st in District 32, 2nd in Region 8 and finished 24-6. In his junior year Shawn was 1st place in District 32, 1st place Region 8 and State Champion at 215, earning LCMRHS's first ever State Championship in Wrestling. During his senior year he placed 1st in District 32, 1st in Region 8 and won a 2nd straight State Championship at 215 lbs. Shawn was named to the High School All-American team in 1997 and finished his high school career on a 63 match win streak.



Shawn also played football and was named 1st team CAL All-Star during his Junior and Senior years. He was a member of the National Honor Society and graduated in the top 10% of his class.

Shawn earned a wrestling Scholarship to Lehigh University, where he was ranked in the top 20 at Heavyweight all 4 years, had a career record of 97-30, was a two time National Qualifier, and a four year letter winner. Shawn graduated from Lehigh in 2002 with a B.S. in Political Science and now lives in Cape May, working in the commercial fishing industry.

BRENDAN ROSENBERG



Brendan Rosenberg '75 earned 5 varsity letters (4 Baseball and 1 Basketball). While at LCMR H.S. Brendan was a 3 time All County All Star, a 3 time 1st team CAL All Star, and was selected his senior year to the 1st team All Garden State in baseball.

Following a great H.S. career Brendan continued his success at the next level. In 1976 and 1977 he played at Atlantic Community College and was named 1st team All Garden State Junior College, 1st team All Region Junior College, and Honorable Mention All-American.

In 1978 and 1979 Brendan was the starting center fielder on the Glassboro State College team that won back to back National Championships. While at Rowan, Brendan was a 2 time 1st team New Jersey Athletic Conference All Star, a 2 time 1st team Division III College All American, and in 1978 the New Jersey Baseball Collegiate Player of the Year.

After college Brendan was drafted by the Minnesota Twins in the 1979 Major League Baseball Draft. In 1996 he was inducted into the Glassboro College/Rowan University Sports Hall of Fame

Today Brendan is a Safety Trainer at the Laborers local 172 Safety Education and Training Center in Folsom, NJ. He lives in Sweet Water, NJ with his wife Barbara and two children, Trevor and Hilary.



WILLIAM PORTER

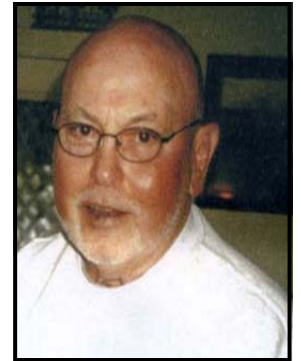


Coach Bill Porter was the cornerstone of the Football and Wrestling Programs from 1970 to 1991. He was an assistant football coach from 1970 to 1987 and the head football coach from 1988 to 1991. During the winter he coached the 7th/8th grade wrestling team at RMT from 1973 to 1982, and was the head wrestling coach at LCMR from 1983 to 1990.

Coach Porter was responsible for molding many young men into champions. As a football assistant he was part of the 1980 (undefeated) and 1982 CAL championship teams. During his tenure as the RMT wrestling coach, many of his wrestlers went on to have outstanding high school careers including 6 CAL Championships, 2 District Championships and a South Jersey Group III Championship. Many of them also won individual championships.

He was most recently honored with induction into the CAL Coaches Hall of Fame, and District 32 Wrestling Hall of Fame.

He resides in Cape May, New Jersey with his wife Valerie. He has three sons, Bill, John and Michael.



JOHN DONALDSON



Coach Donaldson was a coach for the LCMR School District the entire tenure of his career. He started a football team for the 7th and 8th grades as well as a soccer and softball team long before they were officially sanctioned, and all were extremely successful. The first year the football team was in existence it had only one loss. The soccer team came from the need to have another venue for the 7th & 8th grade students who could not play football, and the girl's softball team began in a similar fashion. When Teitelman was built, John wanted boy's and girl's track, basketball, and wrestling as well. At the high school he coached boys basketball, freshman baseball, and wrestling.

As a coach he had the ability to take individuals who may or may not have had much talent and he inspired them to achieve greatness. He could make a team out of nothing; scrounging for uniforms, shoes, and other equipment - yet he always produced winning teams. When the 7th and 8th grade team needed uniforms he got them from the Coast Guard Base.

As a consummate educator he always stressed the importance of academics, often tutoring his players. He did this not just so they could maintain athletic eligibility but so they could achieve in the classroom as they prepared for life after Lower Cape May Regional.

