

**Under The
Lights**

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New Athlete of the Week Spotlight

By: Cara Aguado

Ms. Siscione's Sports Journalism classes and Mr. Wilson's Retail Marketing classes will be choosing an "Athlete of the Week" to promote the LCMR school store's clothing line. Athletes will be chosen based on his/her statistics during a specific week. The winning athlete will be able to pick any combination of clothing to put on a mannequin that has their face on it in a display case in main hallway. The clothing they pick will be sold at half price for the athlete, and it will be reduced to 25% off for the student body. The first athlete of the week is undefeated heavyweight wrestler, Chaz Lear. Swing by the display case to check out his outfit along with an article written by Alyssa Mollenkoff.

COACH'S CORNER SECTION

Touching Base with Coach K

By: Jessica Temple

Mr. Kuemmerle, aka Coach K, head coach of LCMR's varsity baseball team has a lot to focus on during the season. Practices last from two to three hours, and during these practices Coach K works to make sure that every player improves. His number one concern is that the kids get better, and he hopes that they will consistently play hard and win. Some strategies that Coach K utilizes on his team is if a base runner has

speed, they need to learn how to steal. Also, the team works on bunting in order to get a player in scoring position. As far as practices before games versus a regular practice, Coach K says, "Some coaches do certain things during a game that you need to prepare for." With Coach K's knowledge and strategy, the LCMR baseball team is sure to have a successful season.

COLLEGE SPORTS SECTION

2009 College Football Review

By: Mike Mulligan

This past college football season was an exciting one. From Lagarrette Blount punching a Boise State player during the opening weekend to Alabama rolling over Texas in the National Championship, there was not a dull moment. The season did not see a lot of top ten changes but it was still jam-packed with upsets.

The race for the Big 10 championship got heated after Iowa beat Penn State at Happy Valley. Then Iowa lost to Ohio State at the Horseshoe. Also, the fall of the Trojans of

Southern California was quite the surprise, but that was almost expected when you have a true freshman quarterback to lead a top ten program. Finally, the rise and fall of "The U" in the beginning of the year left fans with their jaws dropped. But in my mind, the surprise of the year was Cincinnati. Brian Kelly did a great job, and Tony Pike was the right man to lead that potent offense.

The most underrated player of the year was Dan Lefevour of Central Michigan who had the stats of any Heisman contestant.

The most overrated player of the season was Jimmy Clausen. He will be a draft bust, just wait and see. He should have stayed one more year to develop a little bit more.

After all of the excitement, shocks, surprises, hits and touchdowns, all there is left to say is: Roll Tide!



PRO SPORTS SECTION

Pro Bowl Outlook

By: Austin Parker

The 2009-2010 Pro Bowl is going to be unusual. This year Roger Goodell has decided to play the Pro Bowl a week before the Super Bowl, whereas in previous years, it was held after the Super Bowl.

The Pro Bowl is basically the NFL's version of an all-star game. All of the superstars of the NFC and AFC team up and play against

each other. For a player to make it to this game is quite an honor.

In my opinion, it was an awful decision on behalf of the commissioner to have changed when the game is played. For one, the Super Bowl stars miss out. To me, that's just not fair, and it takes away from the overall game.



The Saints Go Marching In

By: Jonathan Matagiese

The New Orleans Saints started their franchise on September 17th, 1967. To start off the game, rookie running back John Gilliam returned a 94 yard kickoff for a touchdown. Although it was a great way to start the game, they would not win a game until they defeated the Philadelphia Eagles 31-24. The Saints' inaugural season ended

with a 3-11 record.

Fast forward 37 years, and now we find the Saints with their first ever NFC championship and Super Bowl bid. Maybe 2010 is their year...



History of the Super Bowl

By: Derik Ludlam

Since its inception in 1967, two teams, one from the AFC and one from the NFC, try to make their way through the playoffs to the prestigious Super Bowl. To make it to the Super Bowl, teams have to fight their way through the regular season, and then teams need to trudge their way through the grueling playoffs. The first Super Bowl ever was played on January 15, 1967 between the Kansas City Chiefs and the Green Bay

Packers. The Packers came out on top with a 35-10 victory.

The 2010 Super Bowl will be held in Sun Life Stadium in Miami, Florida and will feature the New Orleans Saints versus the Indianapolis Colts. The Colts have won two Super Bowls, while the Saints have never been in the Super Bowl before.

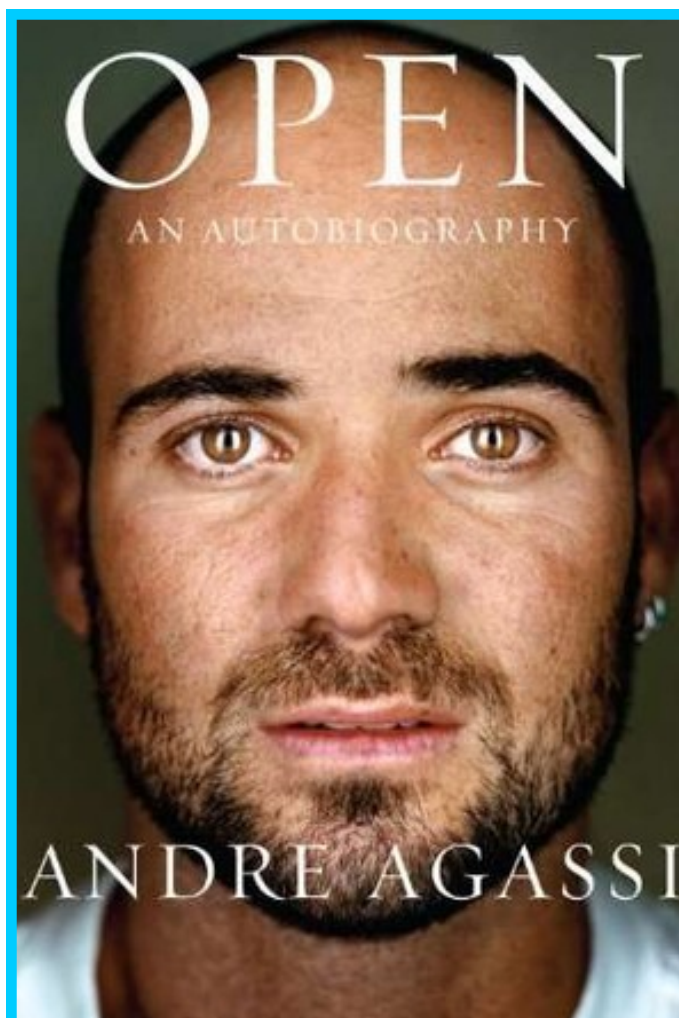
Andre's Agony

By: **Matt McGaffney**

Written by Andre Agassi himself, Open, describes everything from his life in tennis, his tales of training with his father in their backyard, to his final major win and his last moment in Arthur Ashe Stadium.

Agassi's description of the ATP tour paints a picture of non-stop work and grueling schedules. Throughout the entire book, Agassi

complains about the amount of work he needed to put in so that he could become a successful professional tennis player. He came from a family who was fully behind him. Any young tennis player would dream of being in his position. I found this book to be hurtful to a true tennis lover's heart knowing that Agassi hates the game so much and can be so successful without a care in the world.





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LCMR SECTION

Final Destination

By: Alyssa Mollenkoff

So far this year LCMR's very own swimming team has become a competitive team. While their record is 1-10, it does not reflect the hard work and improvement that the team has experienced

throughout the season. The team feels that their toughest opponent by far this year was Cape May Tech. The loss was nothing to be ashamed of as it really just made the team stronger overall.



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—Justin Cooper