

# L.C.M.R. TIGER Times



687 Route 9, Cape May NJ, 08204  
Joseph Castellucci, Principal

609-884-3475  
September/October 2009

October/November 2009

Dear Parent:

The new school year is finally here and the high school is alive with the hustle and bustle of energetic adolescents. Our building welcomed nearly 1100 students to the 2009-10 school year. We also welcome several new faculty members to the high school including: Mr. Mike Wilson, Business; Mrs. Amanda Brier, English; Mr. Anthony D'Aleo, English; Mr. Chris Vitale, English; Mr. Ryan Slaney, Social Studies; Mrs. Jan Randle, French; Ms. Emily Hoover, Math; Ms. Hannah O'Donoghue, Guidance; and Ms. Heather Novitskie, Guidance.

I would like to take this opportunity to invite all parents to my first Parent Advisory Meeting of the school year on November 11<sup>th</sup> at 7:00 p.m. in the high school auditorium. We will have a special presentation that evening by a representative from the Cape May County Prosecutor's Office who will speak about teenagers and internet safety. The phenomena of texting and various social networking sites have caused some unexpected and in many cases, unwelcome consequences for our youngsters. Both parents and schools have struggled with the various issues that young people have become involved with through inappropriate internet use. Cyber bullying and safeguarding various popular social sites will be discussed.

I hope you are as excited about the new school year as we are here at the high school. I look forward to seeing you on November 11<sup>th</sup>.

Sincerely,

A handwritten signature in cursive script, appearing to read "Joseph A. Castellucci".

Joseph A. Castellucci  
Principal

JAC/cw

Lower Cape May Regional High School  
687 Route 9  
Cape May, NJ 08204

Visit us on our school website at:  
[www.lcmrschools.com](http://www.lcmrschools.com)

## Guidance Workshop

### Parent H.E.L.P. Workshop (Higher Education and Life Planning)

Join the Lower Cape May Regional High School Guidance Counselors as they offer an extensive informational night on opportunities for your child as they prepare for college and careers. This seminar offers parents information to assist their child through the many decisions of college and career planning.



October 21, 2009  
At 6:00 P.M.  
LCMR High School  
Media Center

Presented by the LCMRHS Guidance Department

## Future Business Leaders of America



The Future Business Leaders of America had its first evening meeting on Thursday, October 1 at the Flight Deck Restaurant at the Cape May Airport. Members met with Mr. Mike Wilson, Business Teacher, who is operating the new school

store. Members of the club will be operating the store after school and at certain evening events. The club is also working on its first Leadership Seminar scheduled for November 14 at the High School. Clubs and teams can send students for training in public speaking, group building and stress management.

Layout Designed by:  
Rob Ryan - Publication Media Design

## LCMR School Store

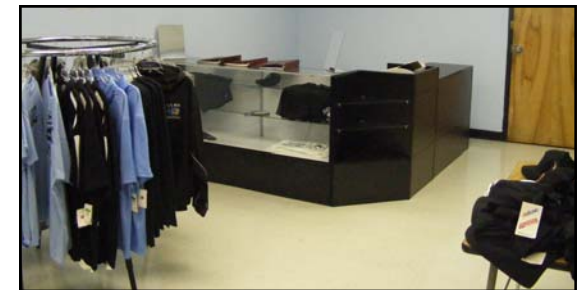


*Tiger's Den*

The Business and Information Technology Department is proud to announce the opening of a new school store. Under the guidance of Mr. Mike Wilson and his Retail Merchandising class, the store will be open before school and after school. Grand Opening will be on Friday, October 16, at 6:15.

The store will carry a complete line of "tiger" clothing as well as school supplies, and spirit items. Items will also be available on line when the store's website goes "live".

Many thanks to our "financial" partners at Sturdy Savings in N. Cape May. Thanks to their generous gift, we were able to purchase top of the line fixtures and racks. Sturdy Savings Bank will be on hand for our ribbon cutting on October 16.



## Haunted High School

On Friday, October 30, Lower Cape May Regional High School we be transformed into a "Haunted High School". Children from the local elementary schools are invited to "trick or treat" from 5:30 until 7 pm. Children can participate in cookie decorating, games, apple bobbing, and many other Halloween activities that night. There will also be a costume parade around the football field.



## Intro to Culinary Arts



The Introduction to Culinary Arts classes received a behind the scenes tour at Lucky Bones Restaurant in Lower Township. Mr. David Craig, owner, began the tour by discussing the importance of safety and sanitation, and then went on to explain the legalities and profit margin in the restaurant business. Mr. Craig and his staff also demonstrated cutting techniques, sanitizing procedures, food doneness, and explained the science behind the pizza dough. There

was also a discussion on the importance of temperature in all aspects of the industry beyond the ovens. The students were invited to sample special food items that included homemade tortilla chips, fresh potato

French fries, pizza, homemade bread and dipping sauce. They even got a chance to use the soda dispenser gun to serve themselves soft drinks. Mrs. Vi. Adams, who's filling in for Mrs. Dimideo, said the tour was very beneficial to the students as they prepare for a career in Culinary Arts.



## Music Department



The LCMR Music Department has put another “feather in their cap” by establishing its first community orchestra. String players in the area are encouraged to join the regular school orchestra every Wednesday during second period.



## I Got Your Back



“When It Matters Most... We Care”—The halls of Lower Cape May are covered with yellow and gold cards. Each one has the image of a Phoenix—the legendary bird that rises from its ashes. Each one is signed from caring students, staff and community members. The class of 2012 wanted to help a local family that recently suffered the

loss of a loved one as a result of a tragic accident. Over \$2,400 has been raised so far for this family as students opened their hearts and wallets to show they care.



## Key Club

Key Club is up and running strong for the 09-10 school year! We are the oldest continuous LCMR organization, chartered in 1947. A student run service organization dedicated to helping our school, community, and world, Key Club gives the students many chances to volunteer. We welcome all students to join us and pick up a membership form. We have weekly meetings on Wednesday, at 2:35 in room D-9. See you there!



## Important Dates

October 6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup>	HSPA Make-up Testing for Seniors	
October 9 <sup>th</sup>	Teacher In-Service – School Closed	
October 12 <sup>th</sup>	Columbus Day – School Closed	
October 16 <sup>th</sup>	Homecoming Pep Rally/Bon Fire	
October 17 <sup>th</sup>	PSAT Testing @ LCMR	
	Homecoming Game/Dance	
October 21 <sup>st</sup>	Guidance Parent HELP Workshop	7:00 p.m.
November 3 <sup>rd</sup>	Tri-M Music Honor Society Induction	7:00 p.m.
November 5 <sup>th</sup> , 6 <sup>th</sup>	NJEA Convention – School Closed	
November 7 <sup>th</sup>	SAT Testing @ LCMR	
November 11 <sup>th</sup>	HS Parent Advisory - Auditorium	7:00 p.m.
November 16 <sup>th</sup>	End of 1 <sup>st</sup> Marking Period	
November 20 <sup>th</sup>	Powder Puff Game	
November 23 <sup>rd</sup>	LCMR Battle of the Brains	6:00 p.m.
November 24 <sup>th</sup>	National Honor Society Induction	6:00 p.m.
November 25 <sup>th</sup>	Early Dismissal	12:30 p.m.
November 26 <sup>th</sup> – 27 <sup>th</sup>	Thanksgiving Break – School Closed	

## Peer Leaders



Who are those teal clad students who appear each month with a superman emblem embossed on their shirts? They are not birds nor planes but they are . . . *the Super Peer Leaders of LCMR!*

The Peer Leader program has been running at LCMR since 2001 and is a model program for other schools throughout the state. The Peer Leaders meet 4 times a week with Mrs. Bispels and Mr. Ackley, the Peer Leader Advisors. Class time involves fine tuning leadership skills, preparing for the montly meetings and experiencing new team building activities. Although the program is designed to help freshmen, the Peer Leaders also benefit from their involvement by developing their self confidence, learning how to better lead small groups, honing their public speaking and communication skills and by investing in the lives of other students.

These forty seniors were selected at the end of last year to be the 2009-10 super Peer Leaders. Their “job” is to mentor the class of 2013 as the freshmen transition into high school. This mentoring involves leading monthly freshmen meetings along with a Peer Leader partner. Each group includes approximately 10-16 freshmen. Topics covered in the monthly meetings include fitting into high school, dealing with peer pressure, making good choices and more. The Peer Leaders also encourage freshmen to maintain good grades, to get involved in school clubs and sports teams and to contribute positively to the school and community.

To the class of **2013**, from your super Peer Leaders: Best of luck for success in your freshmen year and beyond!



## Renaissance

This year promises to be another fun packed one for the Renaissance Club. Our annual activities include: Quarterly Rallies, Spotlight Student/Staff of the Month, Breakfast Thursday, Faculty Focus, People's Choice Awards, Spruce Up Days and our annual, Winter Wonderland Dance!

These events could not be possible without our devoted club members and officers. This year's officers are: President, Ethan Bobo; Vice President,



Kaitlyn Corkery; Vice President-in-Training: Bill Walters; Secretary, Sarah Schiffelbein and Treasurer Ethan Osborn and advisor Mrs. Mary Rose Bispels..

Our first club activity will be held on Tuesday, October 6 at Rainbow Palace Ice Cream. Also, many of our female members volunteered at Girl Power held on Saturday October 3 at Vo-Tech High

School. The day was a huge success (over 200 girls attended) due to the cooperation of our Renaissance Girls!!!

Be sure to check the school's website for the Renaissance page (<http://lcmrschool.org/lcm/lcmr/renaissance.html>) which will keep you informed of upcoming events.

## Chemistry Week

Mark you calendars! Chemistry week is October 19 . This year's theme is "It's Elemental". Students will be conducting element presentations all week.



## Spanish Club

Spanish Club is back in full swing. Over 50 new and returning members attended the first meeting on September 22<sup>nd</sup>. Membership forms and dues are due to Sra. Creamer no later than October 6<sup>th</sup>. The dues curb the initial costs of activities. Students then fundraise to cover future costs of monthly activities, trips and Senior scholarships.

Our next meeting will be held on October 6<sup>th</sup>. We will be discussing the upcoming Día de los Muertos celebration on October 27<sup>th</sup>. Students will learn about the traditional Mexican holiday while participating in cultural activities and games.

As usual, the group has already started fundraising. We are currently selling Joe Corbi's pizzas and cookie dough. Orders will be delivered on November 24<sup>th</sup>, just in time for Thanksgiving. Joe Corbi's not only has cookie dough that is great for the holidays, but they also have cheesecakes and specialty cakes and pies.



If you do not know a Spanish Club member, but want to order, you can view the Family Favorites brochure at <http://www.joecorbi.com/programs/family/> and can place the order with Sra. Creamer. Feel free to contact her at [creamerm@lcmrschools.com](mailto:creamerm@lcmrschools.com)

In addition, there will be two Holiday fundraisers, a gift catalog sale and a Partylite candle sale. Anyone interested in purchasing gifts or participating in the fundraisers, please contact Sra. Creamer or any Spanish Club member. All items will arrive before the winter break.

In advance, we would like to thank our members for their active participation and their friends and family for their support. Those members, who actively participate in both meetings and fundraising, will have the opportunity to attend a trip to New York City in the spring, hopefully to see the revival of "West Side Story" on Broadway.

## Class of 2011

A busy year has begun for the Class of 2011. The class has at least two events occurring almost every month this year, culminating with the 2010 Junior/Senior Class Prom. Class meetings will be announced weekly depending on student availability. Students should listen to morning announcements to hear when meetings will be held each week. Meetings will be held immediately after school in room C-3. We would like as many students involved this year, in order to make the Jr./Sr. Prom the best ever. Plans are already underway.....

The Class Ring orders have already taken place. If you have any questions or need to contact our Herff Jones representative, please contact Mrs. Creamer. There will be a Class Ring Ceremony on December 9<sup>th</sup> at 6pm in the Auditorium. Anyone that purchased a ring will have the opportunity to be part of a traditional ceremony and will be presented with their ring that evening.



All are invited to attend.

Fundraising will be key this year. The students have discussed several fundraising ideas with me and hope to make them happen. As soon as we have all the information in order, we will be sending it home for all to take part in.

If you have any questions or concerns about upcoming events, do not hesitate to contact Mrs. Creamer – creamerm@lcmrschools.com



*Jesse Billauer from the "Life Rolls On" presentation receives a t-shirt from the LCMR student body.*

*Students have lunch with Jesse and crew.*

*For more information visit:*

[www.liferollson.org](http://www.liferollson.org)



## Earth Force



Lower Cape May Regional High School's 4H afterschool club /program began in the fall of 2008.

Earth Force, an agricultural science club with an emphasis on environmental issues participates in many community service activities ranging from planting native trees at the Villas Wildlife Refuge to water quality testing in the salt marshes and the Delaware Bay. Currently the students are preparing to breakdown their bee hive colony and prepare it for winter. The club members will be making candles for the

Thanksgiving holiday with the wax they extract from the hives and hopefully come out with some honey as well. Honey bees are important to Cape May County. Bees are responsible for pollinating one – third of all the food we eat. The honey bee population is disappearing at an alarming rate, and Earth Force's mission is to keep these little heroes buzzing. So come on out and see what all the buzz is about, new members are always welcome. The club meets in room S7 every Tuesday after school.

## Future Educators



Students from Mr. Belasco's Future Educators class show off their puppets from a puppet show project. The puppet shows dealt with varying issues children may deal with ranging from bullying to being different.

This activity helped in unifying the class and teaching the student how to convey messages to children.