



# CAPER NOTES

From LCMRHS Counselors

March 2010

## Seniors & Senior Parents

*This newsletter will be mailed home every month. It will contain information about scholarships as well as other information important to seniors and their parents. Most of the local scholarships will be offered after the first of the year. It is the student's responsibility to obtain a copy of the application and to return it completed to the guidance office.*

As always students and parents are invited to visit with the Guidance Counselors:

### Senior assignment as follows:

|                |                    |
|----------------|--------------------|
| Ms. White      | Department Liaison |
| Mr. Courtney   | A-De               |
| Ms. Markovitz  | Del-Laf            |
| Ms. O'Donoghue | La-Re              |
| Ms. Novitskie  | Ri-Z               |

## Mid-Year Reports

The colleges you have applied to may send you emails requesting your semester one grades. At the end of Quarter two, the guidance department will send a new transcript to every school that you have applied to. This transcript will have your semester one grades, as well as an updated GPA and class rank.

## Financial Aid Forms Available at [fafsa.ed.gov](http://fafsa.ed.gov) NOW

It is now time to file your financial aid application. Forms are available online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). The preferred, easiest and quickest method of application is on the web. **DO NOT DELAY. FILE EARLY!!**

### Financial Aid

**FAFSA:** The Free Application for Federal Student Aid is an important part of the college application process if you are interested in receiving grants, loans or scholarships. January 1, 2010 is the earliest the application can be submitted to the Department of Education due to year end financial information that is required. This is the accepted form for most colleges and universities.

**PROFILE:** Many private colleges, universities, graduate and professional schools and scholarship programs use the information collected on the PROFILE to help them award private, nonfederal student aid funds. If one or more of the schools to which you are applying requires the PROFILE you can pick up a form in the Guidance Office or register on line at [www.collegeboard.org](http://www.collegeboard.org)

**Note:** You will need to collect financial records (both yours and parents') to complete financial aid forms. Make sure these papers are close at hand: tax returns, W-2 forms, bank statements, records of benefits from the Social Security Administration, Department of Veterans' Affairs, and other agencies.

## ACCC JUMPSTART STUDENTS

Session 3 of the Jumpstart program will begin on March 22, 2010. At this meeting, you will meet with an ACCC representative and select your classes for next year. You will receive information about your scheduled appointment time and date shortly.

**IMPORTANT**

AS YOU RECEIVE ACCEPTANCE LETTERS AND SCHOLARSHIP AWARDS EITHER FROM THE COLLEGES OR OTHER SOURCES PLEASE BRING A COPY OF THE LETTER TO THE GUIDANCE OFFICE

**IMPORTANT**

When you register for the SAT/ACT, you must list our high school code or scores will NOT be sent to LCMRHS and therefore will NOT be listed on your transcript.

*LCMR High School code:*  
310210

**College Admissions Testing**

Seniors who plan to attend a four-year college and have not taken a college admissions test need to do so very soon. Those who have tested may choose to retake either test in order to try for a higher score. The registration packets for the SAT I, SAT II Subject, and ACT tests are now available in the Guidance Office. You may check the college catalogs or talk with your counselor if you are unsure which test (s) to take. The high school code number for Lower Cape May Regional High School is **310210**. Students planning to attend a community college will not need to take the SAT or the ACT. The testing schedule for the 2009-10 school year is listed to the right.



**Note:** It is important that you give teachers and/or counselors 2-3 weeks notice if you want them to write a letter of recommendation. Please plan ahead so you won't miss any deadlines.

**SAT I & SAT II SUBJECT TESTS**

| Test Date      | Registration Deadlines |
|----------------|------------------------|
| March 13, 2010 | February 14, 2010      |
| May 1, 2010    | March 25, 2010         |
| June 5, 2010 * | April 29, 2010         |

\*test given at LCMRHS

The cost of the SAT I is \$45.00; the SAT II Subject Tests range varies depending on the test. Late registration dates are available for an additional \$23.00.

**ACT**

| Test Date      | Registration Deadline |
|----------------|-----------------------|
| April 10, 2010 | March 5, 2010         |
| June 12, 2010  | May 7, 2010           |

\*given at LCMRHS

The cost of the ACT without the writing component is \$31.00 and with the writing component is \$46.00. Please check the registration packet for test site locations.



**Some Helpful Test Strategy Sites**

- [www.4tests.com](http://www.4tests.com)
- [www.kaplanpracticetest.com](http://www.kaplanpracticetest.com)
- [www.review.com](http://www.review.com)
- [www.number2.com](http://www.number2.com)
- [www.collegeboard.com/sat prep](http://www.collegeboard.com/sat prep)
- [www.act.org/aap/index.html](http://www.act.org/aap/index.html)

### ASVAB TESTING

There are opportunities available to young men and women who can qualify for today's ARMED FORCES. Each branch of the military offers programs of training and technical schooling as well as an excellent college scholarship program. Any senior interested in taking the vocational test for the armed services needs to sign up for the test in the Guidance Office. The test is free and will be administered at LCMRHS on **April 20, 2010**



### ADMISSIONS: EARLY DECISION OPTION

If you are considering early decision for admission, check immediately with your college of choice for their specific requirements. These deadlines are rapidly approaching and you must plan now if this option is important to you.

### ATTENTION SENIOR BOYS

Something to add to your list of things to do today-you need to register with Selective Service.



It is not the Army, it's not the draft, no one's going to your house-it's just one of the things a man's gotta do. If you are 18, you have to register within 30 days of your 18<sup>th</sup> birthday. It's

the law! If you are 17, you can submit registration information and when you're 18, you'll be registered automatically. Registering keeps you eligible for Federal college loans, grants, and student aid in most states. You can register on-line at [www.sss.gov](http://www.sss.gov), you can fill out a registration card at any U.S. Post Office or you can send back the registration card you may have received in the mail. If you have any questions, check with your Guidance Counselor.

### COMMON APPLICATION

The Common College Application is available through the National Association of Secondary School Principals. Students need only to complete this application once when applying to any of the participating independent colleges and universities who utilize this form. The list of schools using the common application is available in the Guidance Office.



### COLLEGE APPLICATIONS

Now is when you should be in contact with colleges, securing their applications, filling out their applications, and submitting the different kinds of paperwork required. All colleges have deadlines, some in the fall and others early in the new year. Check your catalogs and don't be caught by a passed deadline.

**It is your responsibility to determine where you want to apply and what the specific requirements are.** Information is available in the Counselors' Office to assist you.

### College Application Reminders

Register and take the SAT or ACT as quickly as possible, if needed. **NOW!**

After investigation, narrow your college list to a manageable number. **NOW!**

Write, call, fax, or go on-line with each college to request information and applications for admissions, scholarships, financial aid, housing, etc. **NOW!**

Complete and submit application for admissions well in advance of deadlines. Do the same for housing, scholarships, and financial aid. **SOON!**

Remember: The best source of information about a particular college is their own catalog. Also, the best source of financial aid information is the Financial Aid office of the college to which you are applying.

## WHAT DO THEY LOOK AT?

Admissions officers consider these factors in roughly the following order of importance:

1. Grade Point Average/Difficulty in Curriculum
2. SAT I & SAT II scores
3. Class Rank
4. Application essays
5. Extracurricular activities
6. Recommendations
7. Interviews
8. Intangibles



Of course, every college is different. The larger the school, the less time it has to spend with your application (sometimes less than five minutes). Big state schools rarely reach number three on this list. Small schools may look past weak grades or test scores if they see something special about you.

## SCHOLARSHIP INFORMATION

As scholarship information is received in the Counselors' Office, it will be publicized through the "Caper Notes" and/or announcements. It is important to pay close attention to information on eligibility criteria, deadlines, etc. If you are interested in any of these scholarships, please contact the Counselors' Office for applications and/or additional information.

IT IS THE STUDENTS RESPONSIBILITY TO

1. READ THIS NEWSLETTER.
2. OBTAIN THE APPLICATION.
3. FILL OUT THE APPLICATION CAREFULLY AND COMPLETELY.
4. ATTACH ANY REQUESTED DOCUMENTS (OR REQUEST IN WRITING THAT THE DOCUMENTATION BE ATTACHED BY THE GUIDANCE COUNSELOR.
5. RETURN THE APPLICATION TO GUIDANCE PRIOR TO THE DEADLINE SET BY THE GUIDANCE OFFICE.

## SCHOLARSHIP ANNOUNCEMENT

This month's newsletter has A LOT of scholarship opportunities for all types of students. There is a lot of money out there, but **YOU MUST APPLY!!!** New applications are coming into the office every day, so you don't need to wait for the newsletter to find out about new scholarships.

## SCHOLARSHIP ANNOUNCEMENTS

### New Jersey School Counselor Association

**Scholarship:** Awarded to a senior who has been accepted to a post secondary Institution. A 300-500 word essay about how a guidance counselor has influenced your life in a positive way is required (can be past or present counselor). Deadline is **March 4, 2010.**

**K.I.D.S. Performing Arts Scholarship:** \$500 awarded to a senior who has been involved in the study of classical dance at any studio and who is pursuing his/her education in any field at a college or university. Deadline is **March 5, 2010.**

### Ocean City Tabernacle Dana Kull Memorial

**Scholarship:** Awarded to a student pursuing a career in Christian service or vocation. Deadline is **March 8, 2010.**

### American Red Cross Blood Services Penn-Jersey

**Region Essay Competition:** Awarded to a senior who has been involved in the planning or recruitment of blood donors at a school blood drive during their senior year. Students must answer the following essay question: "How have you as a student raised awareness of Sickle Cell Disease, and demonstrated a commitment to and inspired others to donate blood to support patients with Sickle Cell Disease?" Deadline is **March 8, 2010.**

### Foster and Adoptive Family Services of NJ

**Scholarship and Grant Program:** Many different scholarships and grants available to students who are or have been in foster care or in an adoptive home, and have been under the care and custody of the NJ Division of Youth and Family Services (DYFS). Please see Ms. Markovitz for details on how to apply. Deadline is **March 12, 2010.**

**Jersey Cape Military Spouses' Club Educational Award:** Awarded to a student who is a dependent of a Coast Guard member, officer, or enlisted (active, retired, deceased) with a GPA of at least 2.8. Letters of recommendation required. Deadline is **March 12, 2010.**

**New Jersey Center for Tourette Syndrome Children's Scholarship:** Awarded to a graduating senior with a diagnosis of Tourette Syndrome. Deadline is **March 19, 2010.**

**Soroptimist of Cape May County Medical Award:** Awarded to a student who is enrolled in a medical or medically related educational program. Deadline is **March 23, 2010.**

**Fred Baker Memorial Scholarship:** \$2000 awarded to a senior who is pursuing a career in either Law Enforcement or Fire/Rescue Fields. The student must have a GPA of 3.0 or better. Deadline is **March 24, 2010.**

**The Dan Ross Memorial Fund:** Awarded to a senior with a GPA of at least 3.0 who is pursuing a degree in a sports related field (sports medicine, physical therapy, physical education, etc.) and/or has been recruited to play a sport at a Division I or II school. Deadline is **March 24, 2010.**

**Cape Shore Chorus Sweet Adelines International Scholarship:** Awarded to a senior female who is a vocal or instrumental musician. The student must be enrolled in an accredited college or school of music for the fall of 2010. Must submit a DVD, videotape, or CD demonstrating musical ability. Deadline is **March 24, 2010.**

**Marine Trade Association of New Jersey Education Scholarship:** \$3000 awarded to a senior with a strong desire to succeed in a marine industry vocational/technical program in New Jersey. Deadline is **March 24, 2010.**

**Automotive Training Center Marine Scholarship:** Full scholarship for the Marine Services Technology Program at the Automotive Training Center in Pennsylvania. Deadline is **March 24, 2010.**

**Tzu Chi Scholars:** \$1000 awarded to a senior based on financial need, academic achievement, and community service. Deadline is **March 24, 2010.**

**Italian-American National Hall of Fame Scholarship:** Awarded to a senior with at least one parent who is of Italian extraction. Student must also demonstrate academic excellence and actively participate in school and community activities. Deadline is **March 24, 2010.**

**New Jersey Burglar & Fire Alarm Association Youth Scholarship:** Awarded to a student whose parent or natural guardian is a full time paid member of the police or sheriff's department or fire department. Volunteer Firefighters are considered as well. Deadline is **March 24, 2010.**

**Community Foundation of New Jersey Scholarships:** Multiple scholarships available to students who meet specific criteria, i.e., gender, geographic area, academic area, academic achievement, course of study, etc. Deadline is **March 24, 2010.**

**Lower Township Rotary Club Scholarship:** Available to a graduating seniors who are residents on Lower Township and plan to continue their education by attending an academic or vocational two or four year institution. Deadline is **March 25, 2010.**

**Women's Community Club of Cape May:** \$1500 awarded to a senior male or female attending college in the fall. Deadline is **March 26, 2010.**

**NJUA Equal Opportunity Scholarship:** Two \$1500 awards to residents of New Jersey planning to attend a college or university full time. Student must be a female, disabled, and/or a minority group member. Overall academics and financial situation are considered. Deadline is **March 26, 2010.**

**Polish-American Association Scholarship:** \$500 awarded to a high school senior of Polish ancestry. Deadline is **March 29, 2010.**

**Morgan Hand, III Memorial Scholarship:** Awarded to a student pursuing an undergraduate degree at Rutgers University. Preference is given to students majoring in engineering, however all students planning to attend Rutgers are encouraged to apply. Deadline is **March 29, 2010.**

**Lower Township Elementary Education Association Scholarship:** Available to a senior with a parent who has been or is currently a contracted employee and member of the Association of the Lower Township Elementary School District. Deadline is **March 29, 2010.**

**Robert J. Rittweger Memorial Scholarship:**

Available to a senior who attended a Lower Township Elementary School and who has a parent that has been or is currently employed in any phase of work in a school system in Cape May County. Deadline is **March 29, 2010**.

**Cape Regional Medical Center Auxiliary Scholarship:** Awarded to senior students contemplating study in the medical health field. Deadline is **March 29, 2010**.

**Builder's League of South Jersey Scholarship:** \$2000 awarded to students who plan on enrolling into an accredited, post-secondary school and pursue a course of study related to real estate and the construction industry. Deadline is **March 30, 2010**.

**Lower Township Optimist Club Scholarship:** Four \$1000 scholarships awarded to members of the senior class of 2010. Deadline is **March 30, 2010**.

**William J. Moore Scholarship:** Awarded to a graduating senior from LCMR, Votech, Wildwood High, or Middle Township. Typed statement required. Deadline is **March 30, 2010**.

**Penn State Alumni Association Southern New Jersey Chapter Scholarship:** Awarded to a senior who is planning to enroll at one of the campuses of Pennsylvania State University. Deadline is **March 30, 2010**.

**LCMR Transportation Department Ben L. Frishmuth Memorial Scholarship:** Awarded to a senior attending a two or four year college. Deadline is **April 1, 2010**.

**Caper 10 Scholarship:** Awarded to students who are not in the top ten of their class and has been involved in extracurricular activities for at least two years. Deadline is **April 1, 2010**.

**New Jersey Vietnam Veterans' Memorial Scholarship:** \$2500 awarded to a senior who has visited the Vietnam Veterans' Memorial in Holmdel, NJ. Essay required. Deadline is **April 12, 2010**.

**New Jersey School Building & Grounds Association:** \$1000 awarded to a graduating senior seeking admission to a college, university, or vocational program. Scholarship awarded based on financial need and application information. Essay required. Deadline is **April 12, 2010**.

**American Legion Auxiliary Department of New Jersey Scholarships:** The following scholarships are available to students with a parent, grandparent, or great-grandparent who is a veteran that served in the Armed Forces:

- Past National President Elsie Bailey Scholarship
- Dorothy Kellerman Scholarship
- Past President's Parley Nursing Scholarship
- Caroline Howarth Scholarship
- Claire Oliphant Memorial Scholarship

Deadline is **April 12, 2010**.

**James "Pop" Johnson Memorial Chapter 602 Vietnam Veterans Scholarship:** \$1000 awarded to a student in Cape May County. Eligibility includes but is not limited to: child, spouse, or grandchild of a veteran (preference given to those related to Vietnam era veterans), a child, spouse, or grandchild of a former POW, or a veteran MIA or killed in action. Deadline is **April 13, 2010**.

**National Society Daughters of the American Revolution Scholarship:** \$1000 awarded to any senior in the upper fourth of his/her graduating class and has been accepted to a college or university. Deadline is **April 13, 2010**.

**Christopher J. Loftus Memorial Scholarship:** \$1000 awarded to a student who has personally been affected by violence. A one page essay is required explaining what you have done to turn your life around and what you have done to turn those negative experiences into positive actions. Deadline is **April 15, 2010**.

**Cape May County Association of School Business Officials Scholarship:** Awarded to a student pursuing a career in the field of education and/or business. The scholarship will be awarded over a two year period. Deadline is **April 15, 2010**.

**Cape May County Bar Foundation Jeffrey K. Israelow and R. Robert Fleming Scholarship:** \$500 each year for four years to students who foster the ideals of scholarship, public service, and assistance to the community. Deadline is **April 15, 2010**.

**Town Bank Volunteer Fire Company Scholarship:** \$2000 available to seniors with at least a "C" average, be of good moral and ethical character, and must be enrolling in an accredited college. Priority will be given to son/daughter or grandson/granddaughter or a Town Bank Volunteer Fire Fighter first, and a son/daughter or grandson/granddaughter of a Lower Township Firefighter second. Deadline is **April 16, 2010**.

**The Crest Savings Bank Chairman's Scholarship:**

Awarded to a senior with a GPA of at least 2.5. Student must also demonstrate financial need. Deadline is **April 19, 2010**.

**Sons of Italy New Jersey Foundation Scholarship:**

Applicant must be a member of the Sons of Italy or the applicant's parent(s) or grandparent(s) must be members. Student must also be of Italian lineage or pursuing a degree with emphasis on the study of Italian culture, language, and/or history. Deadline is **April 19, 2010**.

**Polish American Club of Cape May County**

**Scholarship:** \$500 awarded to a graduate of Polish ancestry who will be attending a 4-year college. Deadline is **April 20, 2010**.

**2010 Student-View Scholarship Program:** Scholarship contest for high school seniors. Students complete a 15-20 minute application survey about colleges in your area. No SAT or GPA requirement. Scholarship will be awarded via a random drawing of all completed applications. Go to [www.student-view.com](http://www.student-view.com). Deadline is **April 22, 2010**.

**Atlantic City Community College ACCESS Scholarship:** Student with a GPA of at least 2.5 who demonstrates leadership abilities. Two letters of recommendation are required. Deadline is **April 23, 2010**.

**Puerto Rican Action Committee Scholarship:**

Scholarships available to high school seniors of Hispanic descent who are planning to attend a two or four year college. Deadline is **April 23, 2010**.

**Cape May County Chamber of Commerce**

**School Counts! Scholarship:** Scholarship available to a senior with a 95% attendance and punctuality rate, have a "C" average or higher, have no history of violence, and has been accepted to a 4-year college or university, Atlantic Cape Community College, or a recognized Trade School. Essay and letter of recommendation required. Deadline is **April 23, 2010**.

**Cape May County Emerald Society:** Awarded to students of Irish Heritage who are active in their community. Essay is required. Deadline is **April 23, 2010**.

**William C. & Mabel D. Hunt Memorial Scholarship:** Awarded to a student with strong financial need. Deadline is **April 23, 2010**.

**Cape May County Chamber of Commerce Scholarship:**

Applicant must be the son/daughter of a business owner or employee who is a member of the Cape May County Chamber of Commerce. Scholarship available to a senior with 95% attendance and punctuality rate, have a "C" average or higher, participate in extra-curricular activities, work and/or volunteer experience, and has been accepted to a 2 or 4 year college or university or recognized trade school. Deadline is **April 23, 2010**.

**Atlantic Surfers' Organization Scholarship:**

\$500 awarded to a senior who is an avid surfer. Deadline is **April 26, 2010**.

**LCMR Class of 2010 Scholarship:** \$500 awarded to a senior in the top 20% of their class who has been active in class activities throughout their four years at LCMR. Essay required. Deadline is **April 26, 2010**.

**The Greater Wildwoods Lions Club:** Scholarships available to high school seniors planning to attend college. Deadline is **April 26, 2010**.

**LCMR Food Service Scholarship:** Awarded to a student attending a two or four year college with a GPA of at least 2.5. Deadline is **April 26, 2010**.

**Joyce Marlin Dunne Memorial Scholarship:**

Awarded to a student with a GPA of at least 2.5 who demonstrates financial need and participates in community service activities. Deadline is **April 26, 2010**.

**LCMR PTA Scholarship:** \$500 awarded to a student with a parent who is a current member of the LCMR PTA. Student should have a GPA of 2.5 and letter of recommendation from a teacher or employer. Deadline is **April 28, 2010**.

**VFW Post 386 Scholarship:** Several \$1000 scholarships available to students graduating in the Spring from LCMR and attending an accredited college. Essay required. Deadline is **April 30, 2010**.

**Thomas Costello Scholarship:** Awarded to a special education student who has been accepted to a college or trade school. Deadline is **May 15, 2010**

**Jon M. Pritsch Memorial Fund:** Awarded to seniors who have played golf as a member of their high school team and are interested in a career in a golf-related field. Deadline is **May 18, 2010**

This newsletter will provide you with information about many local scholarships over the next few months. It is important to stay organized and do not miss the deadlines in the upper right hand corner of the application.

**REMEMBER YOU CAN NOT BE AWARDED A SCHOLARSHIP IF YOU DO NOT APPLY**

**SCHOLARSHIP SCAM WARNING SIGNS**

Watch out for the following claims companies will make in an effort to scam you:

**“For a fee, we will provide a comprehensive list of scholarships.”** Don’t spend money on a fee-based matching service. The biggest and best scholarship databases are available for free on the Web.

**“Billions of dollars of award monies going unclaimed.”** Statements about funds going unclaimed are simply untrue. If funds are available, students will compete for them.

**“We have a money-back guarantee.”** Legitimate scholarships are always competitive. No one can guarantee that you will win a scholarship.

**“We need your credit card or bank account number.”** No legitimate scholarship should require your credit card number or bank account numbers.

**“We will do all the work.”** To receive a scholarship students must complete the application and essays themselves. No one else can do the work for them.