

Menu for **LCMR & RMT Schools**
Menu Subject to Change

Every Meal Includes a choice of:
 3 Fresh Fruits, Canned Fruits, or 100% Fruit Juices
 Skim, 1% White Milk, Strawberry or Chocolate Milk

February-2011

2011 (1/31 – 2/25)

Monday	Tuesday	Wednesday	Thursday	Friday
1-31 Chicken Fryz W/dip Seasoned Fries Bread Basket Choice of vegetables <u>Polish water ice</u>	01 <u>Stuffed Crust Pizza</u> <u>Bread Basket</u> Choice of veggies Choice of Fruit	02 Hamburger on Bun Seasoned Fries Pickle Chips Choice of Fruit	03 Chicken Fajitas Sautéed Peppers & Onions Soft Shell Lettuce, Tomatoes, & Cheese Choice of Fruits	04 Caper Hoagies Potato Chips Pickles Spear Assorted Fruit
Corn Dogs \$1.25	Asst. Wraps 3.50\$	Mrs. Vito's Choice	Max Sticks \$2.25	Buffalo Chicken Salad \$3.50
07 Chili Grande Italian Roll Veggies Stix W/Dip <u>Polish water ice</u>	08 Hot Dog on a Bun Mashed Pot Baked Beans & Sauerkraut Assorted Fruits	09 Hot Ham & Cheese on a Pretzel Bun or Kaiser Roll, Choice of Vegetables Choice of Fruit	10 Meatball Sub Homemade Macaroni Salad Choice vegetables Choice Fruit	11 Sheppard's Pie Bread Basket Choice of Veggies Choice of Fruit
Quesadilla 2.50\$	Taco on the Run 3.50\$	Soft Pretzel C&S \$1.25 Cheese\$1.50	Nacho & cheese 2.00\$	Chicken Caesar Salad \$3.25
14 <u>Philly Cheese Steaks</u> Beef or Chicken Pickle Chips Assorted Fruits	15 Grilled Cheese Sandwich Tomato soup Goldfish Crackers <u>Polish water ice</u>	16 Tacos Hard or Soft Shells Lettuce, Tomato & Cheese Choice of Fruit	17 Pizza Dippers W/Marinara Bread Basket Choice of veggies Assorted Fruit	18 President's Weekend
Nachos w/Cheese Sauce \$2.00	Assorted Wraps \$3.50	Max Sticks \$2.25	Southern Spicy Chicken \$3.50	Buffalo Chicken Salad \$3.50
21 <i>Have a Safe weekend!!</i>	22 Chicken Parm Side of Pasta Bread Basket Assorted Fruit	23 Slice of Pizza Bread Basket Choice of Veggie Goldfish Graham Assorted Fruit	24 <i>Hamburger on a Bun</i> <i>Seasoned Fries</i> <i>Pickle Chips</i> <i>Assorted Fruit</i>	25 Philly Cheese Steaks Beef or Chicken Pickles Spears <u>Assorted Fruit</u>
	Buffalo Chicken Salad \$3.50	Nacho & cheese\$2.00	Mrs. Vito's Choice	Corn Dogs \$1.25

CHICKEN CAESAR AND VEGETARIAN CAESAR SALADS AVAILABLE DAILY

LUNCH PRICES

Student \$2.25
 Grab & Go \$2.25

SOUP, SALAD, AND SANDWICH OPTIONS

Sandwich of the Day!!!
Soup of the Day!!
 Polish Water Ice-I-T-H!!

Salad of the Day!!

GRAB AND GO
INCLUDES:

½ Sandwich
 Snack Cake & Fruit

Milk 1% \$.40
Choc. 1% \$.40

Fruit Juice
4oz Yogurt & Milk

****Look for the Feature lunch coming soon ****
Bread Basket Available Daily

LCMR BREAKFAST

Breakfast is provided every morning for your child in the cafeteria at no charge. Included in this meal are milk, 100% fruit juice, healthy choice cereal or breakfast treat and a bread basket. We hope your child participates in this program. Studies show that children who eat breakfast do better in schools.



PRE-PAYING BY CHECK

We recommend that you prepay by check. This speeds up the lunch line and also gives you a record of payment. Make checks payable to LCMR Foodservice.

LCMR PHONE NUMBER

884-3475

